

Meat loaf

Ingredients

- 1kg minced meat (game or beef)
- 500g pork sausage, with the skin removed
- 4 eggs
- 2 thick slices white bread, soaked in water
- 15ml salt
- ½ teaspoon pepper
- 1 onion, chopped
- Dry bread crumbs

Method

1. Pre-heat oven to 180°C.
2. Mix all ingredients, except for bread crumbs.
3. Shape mixture into the form of a bread, roll in dry bread crumbs and place in oven dish.
4. Bake 1 – 1¼ hour.

Variations

Add cheese and/or garlic for extra taste.

